Faithbridge Office office@faithbridgepr.org 218-732-1404

Staff

Lead Pastor Jeff Lange
Family Pastor Mike Tackett
Administrator Kelly Maninga
Worship Director James Alan Hall

Support Staff

Office Administrator/

Bookkeeper Nicole Simpson
Administrative Assistant Tracee Lindquist
Connections Coordinator Tracee Lindquist
Compassion Coordinator Jan Henderson
Custodian Jason Schrader
Ass't Custodian Lynda Sullivan
Hospitality Marya Lillquist

Faith Ministries

Family of Faith Nurse
Family of Faith Nurse
Peacon Chairperson
Trustee Chairperson
Finance Chairperson
Finance Chairperson
Finance Chairperson
Finance Chairperson
Finance Chairperson
Finance Chairperson

Becky Anderson
Ken Osterberg
Mark Larson
Hannah Newhouse

Missions Chairperson Sue Parks
Men's Ministry Alan Johnson
Women's Ministry Whitney Hall
Nursery Coordinator Kiana Schauer
CE Assistant Tracee Lindquist
Adult Curriculum Coordinator Judy Haroldson

FaithBytes

January 2025





1505 Park Ave S., Park Rapids, MN 56470 www.faithbridgepr.org • office@faithbridgepr.org facebook.com/faithbridgepr



Worship Schedule

Sundays @ 10:45

8:15 AM Worship Service

9:00 AM Fellowship Time in the Gym

9:45 AM Faith Classes for all ages

10:45 AM Worship Service and Livestream

A staffed nursery is available in the West Wing for infants though 2 years.



Calling all kids ... ages 3 YO to 1st grade. Faith Kids Jr. at 10:45 AM in the Cubbie Room (West Side) Parents, please sign in your child at the West Check-In Desk.

FAITH FORCE

Seniors are invited to join our monthly potluck on January 27. We meet monthly at 11:45 am in the Fellowship Hall for a time of fellowship, a potluck meal and a short program. This month we look forward to hearing two Faith Stories from a couple of our members. Invite a friend and bring a dish or two to share.

FAITH MISSION CIRCLE

Faith Mission Circle will meet at 1:30 on January 20 in the Fellowship Hall. You are invited to join us as we pray together for our missionaries and begin sketching out our plans for the year!



Thank you for your ongoing support of Summit Ministries Scholarships.

When you purchase the following items, the monies go into the Scholarship Fund. You may also donate by designating on the offering envelope to "Summit Scholarships". Scholarships help send a young person to the Summer Summit Ministry Conference, held in Colorado each year.

> Available during the week in the East Foyer: Cards (\$10) Calendars (\$10)



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The weekly bulletin and monthly FaithBytes can be viewed online at www.faithbridgepr.org/resources

FaithBytes

Issue 1 January 2025

FaithBytes is published monthly as the official connection to what's happening at Faithbridge. Inclusion of some information does not necessarily indicate endorsement by Faithbridge.

Submission Deadline for the February 2025 issue is: Monday, January 27th



janhenderson@faithbridgepr.org 218-732-4522

Feedback is always welcome.





Connection (H.U.G.) Schedule

Jan.	Welcome Greeters Desk		Welcome Desk	Greeters
	8:00 AM	8:00 AM	10:30 AM	10:30 AM
5	Haroldson	Mark & Mari Jo L. Jim & Julie T.	K riens	
12	Trottier	Doug & Mary B. Nick T.	Amber L.	Lynda S. Sandra L.
19	Lundstrom	Drew & Sarah M. Ray & Barb M.	Diane J.	Don & Sue G.
26	Henderson	Byron & Judy D. Brian & Wendy K.	Vredenburg	Pam K. Dan & Pat McG.

Jan.	8:00 Door Openers						
	N1	N2	E1	W1	S1		
5	Becky M.	Help Needed		Help Needed	Steve M.		
12	Dave V.	Help Needed		Help Needed	Ken & Evie O.		
19	Frank S.	Help Needed		Help Needed	Diane S.		
26	Becky M.	Help Needed		Help Needed	Steve M.		
Jan.	10:30 Door Openers						
	N1 N2		E1	W1	S1		
5	Youth	Youth		Youth	Youth		
12	Matt K.	Help Needed		Help Needed	Sue P.		
19	Bev S.	Help Needed		Help Needed	Denny S.		
26	Munson Family	Help Needed		Help Needed	Munson Family		

Jan. Library	
5 Judy	
Abby	
12 Diane	
19	
Becky	
26 Debbie	

NURSERY	Jan.	8:00	9:15	10:30	
	5	Sue P. Karen L.	Paul & Shelby F.	Cora & Katelynn H.	
	12	Lahana L. Christa M.	Grant & Amber L.	Trever & Piper VB.	
	19	Bev S. Ellie P.	Liz A. Lahana L.	Taliea H. Raegan S.	
	26	Drew & Sarah M.	Bethany H. Rita B.	Jennifer O'D. Justin M.	



From Pastor Jeff's Desk

Dear Faithbridge Family,

2024 has been a major year of transition for the Lange family. Our son, Jared, joined the U.S. Army and stationed at Fort Johnson in Louisiana. He is currently deployed overseas. Olivia graduated high school and is away at college in Phoenix, AZ, attending Grand Canyon University. Sydney and Tristan Hill were married this summer and are living locally in Park Rapids. Kiley is also local, working and living in downtown Park Rapids. The younger four girls are loving having their own rooms now that the big kids have moved out but they do miss their older siblings. It's a privilege and joy to have most of them close to us and we are grateful for the technology that allows us to video call Jared every week. Just as we are thankful for our family, we are thankful for our church family. We love you all so much! May the joy of the Lord be your strength and peace this Christmas season as we celebrate the birth of the newborn King, Jesus Christ.

Grace and peace, Pastor Jeff and the Lange/Hill families



Page 3 Page 4



Faith Student Ministry



FSM - students 7th-12th



Sundays - 9:30 AM - Faith Class Wednesday - 7:00 PM - FSM Group

January 8, 15, 22, 29 - 7 PM - FSM in the Upper Room January 24-26 - see Arctic Adventure information below

Check out the Website: www.faithbridgepr.org/events Or join the Facebook Group: FSM UPPER ROOM (Faithbridge Church) for upcoming youth events.

NEW this YEAR! Arctic Adventure Winter Camp @ Camp Lebanon.

Join us January 24-26 for Arctic Adventure Winter Camp. This is our church's Network Winter Camp not Camp Lebanon's winter camp. Cost per student is \$125

Register your student(s) from the Faithbridge/events page you will not find the registration on Camp Lebanon's website!



MOMCO (Mom Community)



Calling all Moms!

Meeting on the first and third Tuesdays of each month at Faithbridge at 9:00 AM All Moms are welcome!

January 7th - Watching a video called "Stream Line Your Decision" January 21st - "Pelvic Floor" - a speaker will share information regarding this topic, what it is and sharing exercises that will strengthen the pelvic floor.

This year's theme is "Wild Hope."

**Want to be a blessing to the moms that attend? We need volunteers to help with our little ones during the time when the mothers meet.

DEACON OF THE MONTH Ken Osterberg

Ken and Evie Osterberg have been attending Faithbridge since 2007. God moved them up from the Twin Cities to the Nevis area full-time in 2017. They have been married for 46 years. Ken came to know Jesus through the witness of a close friend, and finally understanding that salvation



came through faith alone in Jesus Christ, he embraced Jesus as his Savior when he was 19. By God's grace, he met Evie a few months later when she wanted to attend a bible study for young adults and knocked on the apartment door of the bible study Ken was attending.

They are blessed with two children Daniel (Heidi) and Candace, and three grandchildren Caleb, Noah, and Grace. They make many trips to the Twin Cities area to visit their family and friends and vise-versa. God has been "rewiring" Ken since he left his life in Corporate America, and they are both involved in various ministries at Faithbridge.

A verse that Ken is currently working to memorize is 1 Corinthians 16:13-14 "Be watchful, stand firm in the faith, act like men, be strong. Let all that you do be done in love."

Ken will be the Deacon Chairperson starting in 2025.

Board of Deacons

Ken Osterberg - Chr Denny Sleen **Bud Kading**

Mike Ritter

Drew Maninga David Wolff

David Lindquist Seth Holte Charlie Schmidgall



Faith Force Seniors

Eighty seniors enjoyed a great meal, listened to several wonderful Christmas songs sung by the homeschool choir and enjoyed fellowshipping along with singing carols.







PAGE 5 PAGE 6



Family of Faith Nurses

PNEUMONIA

A potentially serious and common illness in older adults and very young children is pneumonia. Pneumonia isn't always serious; it may be mild to the point that you may mistake it for a cold—sometimes referred to as 'walking pneumonia'. However, it can also develop into a dangerous infection that may require hospitalization for treatment. It can lead to signs and symptoms such as fever, chills, difficulty or pain with breathing, fatigue, or coughing.

5 COMMON TYPES

- Typical bacterial the biggest culprit is *Streptococcus* which often occurs after you've had a cold or influenza
- Atypical bacterial this type may be caused by *Mycoplasma*, *Legionella*, or secondary to viruses such as flu
- Fungal this one is more likely if you have a weakened immune system or live in the Mississippi and Ohio River valleys where it may be present in animal droppings or soil
- Viral pneumonia— caused by cold and flu viruses. These are usually mild, but can become very serious.
- Aspiration pneumonia— this occurs when stomach contents, saliva or food get into the lungs. Problems swallowing, poor cough reflex, seizures and a stroke raise the risk

5 HELPFUL TREATMENTS

Rest, stay hydrated and don't forget to take medications as instructed Hospitalization may be required if breathing becomes compromised, you are confused or kidney function declines

- Antibiotics are used to treat bacterial pneumonia. Antivirals and antifungal medications are used for those types
- Cough medicine that is recommended by your healthcare provider may help you to sleep. Coughing can actually be a good thing, as it helps to remove mucus from your airway
- Fever reducers such as Advil and Tylenol (ibuprofen and acetaminophen) may be taken as needed for fever and comfort

Most importantly take steps to prevent pneumonia by taking care of your health. Maintain a healthy immune system by getting enough sleep, staying active, exercising consistently, and eating nutritiously. Stay hydrated and up-to-date on your vaccines.

Remember to maintain proper hygiene practices such as frequent handwashing and avoid having close contact with those who have an obvious respiratory illness. **Remember** - our bodies are temples of the Holy Spirit and we are under obli-

gation to do the best we can to take care of them.

B

Mission Team News

Introducing Shane and Erin Latham, supported by Faithbridge



Shane and Erin Latham enjoy living out God's calling to the adventure of disciple-making, church planting and missionary sending, from south Brazil to the world. They have two adult children and have served as missionaries



to Brazil since 1992 in various capacities and loca-

tions. Currently, Shane and Erin lead Endvision, a missions network committed to strengthening churches so they can plant new churches and send out missionaries. Endvision functions under the umbrella of DNA Global Network, a mission agency focusing on serving church planting movements and mission's sending movements around the world.

Shane and Erin currently have the privilege of mentoring church- planting couples to be authentic disciples, by investing in life-on-life discipleship. They share their vision and resources with Brazilian church planting teams and work through Brazilian churches in hands-on deployment. As God connects them with new ministry partners, they are prepared to serve churches with what God has given them over the years. By faith they see God using them as He fills Rio Grande do Sul with His glory.

God has given us more opportunities to be the hands and feet of Jesus. Let's answer the call.

Be sure to read the latest news from our missionaries - letters are located in the East and West foyer kiosks.



Helpers Needed

Helpers Needed!

We need more volunteers for nursery.

They can be teens if they are mature enough to work with kids and be the helper.

Please consider serving for one hour out of the month's 16 hours so that young families can be together in church.

(First Service, Faith Classes, Second Service)

Please text Kiana at 812-345-9517 to help or call the office.

Page 7 (1 Corinthians 6:19,20)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	JARY 25	Ministry Team Chairpersons and Staff! Email your Annual Reports to the office by January 14th	8 AM Fireside use Happy New Year	2 9 AM Gym use 10:30 AM Pickleball 1 PM Gym use 6 PM Praise Team	3 Office Closed Winter Family Car	mp - Camp Lebanon
5 Communion Sunday 8:15 AM Worship Service 9:45 AM Faith Classes 10:45 AM Worship Service 10:45 AM Livestream	6 Homeschool use	7 9 AM Gym use 9 AM MomCo	8 7:30 AM Men's Study-Menahga 8:30 AM Release Time	9 9 AM Gym use 10:30 AM Pickleball	10 Office Closed	11 10 AM GriefShare Loss of Spouse - Chapel
4:30 PM Hispanic Svc-Chapel 5 PM Basketball	3:30 PM Gym use 6 PM Volleyball	2:00 PM Gym use 3:30 PM Gym use 3:30 Heritage Comm 5:30 PM Pickleball	3:30 PM Gym use 5:30 PM Chapel use 6:55 PM AWANA 7 PM Room to Breathe 7 PM FSM	1 PM BSF use 1 PM Gym use 5:30 PM Gym use 6 PM Praise Team		
8:15 AM Worship Service 9:45 AM Faith Classes 10:45 AM Worship Service 10:45 AM Livestream	13 Homeschool use	14 9 AM Gym use	15 7:30 AM Men's Study-Menahga 8:30 AM Release Time 9:30 AM Staff Meeting	16 9 AM Gym use 10:30 AM Pickleball	17 Office Closed	18 10 AM GriefShare-Chap
12:30 PM CE Appreciation	6 PM Volleyball	2:00 PM Gym use 3:30 PM Gym use 5:30 PM Pickleball	3:30 PM Gym use 5:30 PM Chapel use 6:55 PM AWANA 7 PM Room to Breathe 7 PM FSM	1 PM BSF use 1 PM Gym use 6 PM Praise Team	Arctic Blast (7th-12	2th) - Camp Lebanon
19 Sanctity of Life Sunday 8:15 AM Worship Service 9:45 AM Faith Classes 10:45 AM Worship Service 10:45 AM Livestream	20 Homeschool use	21 9 AM Gym use 9 AM MomCo	22 7:30 AM Men's Study-Menahga 8:30 AM Release Time 3:30 PM Gym use	23 9 AM Gym use 10:30 AM Pickleball	24 Office Closed	25 10 AM GriefShare-Chap
4:30 PM Hispanic Svc-Chapel 5 PM Basketball	6:30 PM Missions Team	2:00 PM Gym use 3:30 PM Gym use 5:30 PM Pickleball	5:30 PM Chapel use 6:55 PM AWANA 7 PM Room to Breathe 7 PM FSM	1 PM BSF use 1 PM Gym use 6 PM Praise Team		-12th) - Camp Lebanon
26 8:15 AM Worship Service 9:45 AM Faith Classes-Kids 9:45 AM Annual Meeting 10:45 AM Worship Service 10:45 AM Livestream	11:45 AM Faith Force	28 9 AM Gym use	29 7:30 AM Men's Study-Menahga 8:30 AM Release Time 3:30 PM Gym use	30 9 AM Gym use 10:30 AM Pickleball	31 Office Closed	
4:30 PM Hispanic Svc-Chapel	3:30 PM Gym use 6 PM Volleyball	2:00 PM Gym use 3:30 PM Gym use 5:30 PM Pickleball	5:30 PM Cymruse 5:30 PM Chapel use 6:55 PM AWANA 7 PM Room to Breathe 7 PM FSM	1 PM BSF use 1 PM Gym use 6 PM Praise Team		





Library

Library is open on Sunday mornings: 9:15-10:45 and 11:50-12:15



Access to the library is also available during the week when the church office is open. Someone from the office will let you into the library and check out instructions are available.

NEW BOOKS:

Crossfire and Critical Threat, are books 2 and 3 in the Extreme Measures series by Lynette Eason, romantic suspense novels about FBI Special Agents and their lives. Book 1, Life Flight, was purchased previously and Countdown, book 4, was mistakenly not sent and will be reordered. If you like action, these suspense thrillers will keep you on the edge of your seat.

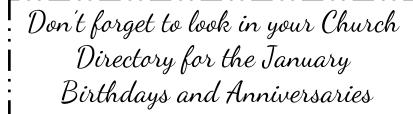
The Sick Man's Rage is book 4 in the *Nir Tavor Mossad Thriller* series by Amir Tsarfati and Steve Yohn. After Hamas's brutal massacre against Israel in October 2023, the Mossad embarks on a mission to eliminate the terrorist group's leaders wherever they are. The future of Israel is at stake!

Isaiah's Daughter by Mesu Andrews is a biblical novel, the story of a young woman taken into the prophet Isaiah's household who rises to capture the heart of the future king, Prince Hezekiah. But loving this man will awake in her all the fears and pain of her past and she must turn to the only One who can give life, calm her fears, and deliver a nation.

Pearl in the Sand by Tessa Afshar is the intriguing story of Rahab's journey from lowly outcast to redeemed child of God. A woman with a wrecked past. A man of success, of faith . . . of pride. A union only God would conceive!

TWO NEW DVDS:

The Forge - Nineteen-year-old Isaiah has been floundering since graduation. When his mother demands he get a job and CEO Joshua Moore takes him under his wing, can Isaiah chart a better course? Starring Ka-





Help Dick Nunn Celebrate his 95th Birthday.

Please join him at an Open House on January 11th from
Noon - 3 pm in the Conference room
at Crystal Brook Apts. at 1006 Crocus Hill Street.

light lunch - cards welcomed - no gifts please

ren Abercrombie, Cameron Arnett, Priscilla Shirer, and introducing Aspen Kennedy. *The Forge* is the latest movie from the Kendrick Brothers—creators of *War Room, Overcomer* and *Courageous*. Rated PG. Approx. 124 minutes.

The Chosen – Season Four - Immerse yourself in the internationally beloved Gospel-based TV series that's got over 200 million viewers talking about Jesus! In this epic fourth season, kingdoms clash and Jesus' enemies close in, while his followers struggle to keep up. When the opposition turns violent, the disciples must decide: will they run from danger---or rise up? Eight episodes, approx. 8 hours total. Closed-captioned.

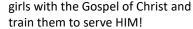
We are still **looking for a library coordinator to join me** in managing the library. I would like to train someone who loves books and libraries to work with me and eventually be the lead librarian. Maybe you've been reading the notes about library coordinator, thinking it sounded kind of interesting but just weren't sure. If you love books and reading, are computer literate and detail orientated and would like to encourage others to read, you meet the qualifications to share in a very satisfying ministry! Come and talk to me or give me a call (Joyce at 218-252-1659) or talk to Kelly Maninga.



Awana

Our 1st T&T store night of the year went great! The clubbers were so very excited to shop and show their purchases! They had a great selection of store items to choose from! Thank you to all who contributed items and money for the students to purchase with their hard-earned points! Please continue to pray for our AWANA

club and all of the volunteers as we strive to reach boys and









Grief Share



Grief Share is a grief support group for help and healing after the death of a family member or friend.

GriefShare will begin with Loss of a Spouse on
Jan. 11 from 10 am -12 pm in the chapel.

Then the 13-week sessions begin on Jan. 18 - Apr. 12.
All Saturdays from 10 am -12 pm.

For information, contact Becky A. directly either by email

Grambecky1023@gmail.com or phone 218-252-3500



Faith Prayer Ministry

- Requests can be phoned/emailed to the Church Office or to the Compassion Coordinator, Jan Henderson (732-4522), who will forward them to the Prayer Group or Prayer Chain, as you direct.
- Prayer Warriors: A weekly prayer list, can be delivered to your FBC mailbox or emailed upon request.

"He who dwells in the shelter of the Most High will abide in the shadow of the Almighty. I will say to the LORD, "My refuge and my fortress, my God, in whom I trust." Psalm 91:1-2



Faith Military Connections

Josie CarterChase LodlJim SleesmanChasity BohmanMalachi MartinDavita TaylorBrian EvinkSean McGaffeyOwen Van BataviaJared LangeMatthew SchommerRyan Vredenburg

Thanks for praying for our servicemen; for their safety and for their families.

We need your help: If the status of any of the following military personnel has changed, please inform the office so we can update this list. Thank you!

Page 13



Faith Classes

Watch in the bulletin for the new Adult Faith Classes that will begin on January 5th. Be a part of these small groups that meet on Sunday Morning. Great topics, discussions and get to know others here at Faith.



Faith Kids Classes

The Faith Kids classes made Christmas cards for people who are shut-in.









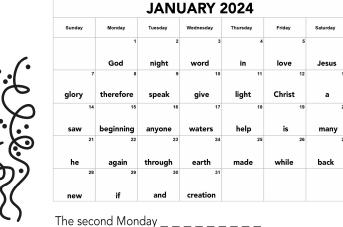
Thank you, students, from those that received the cards. They were so appreciated!



HAPPY NEW YOU!

Changing the calendar each January is a reminder that God makes all things new.

Directions: Use the clues and the calendar code to complete 2 Corinthians 5:17, ESV.



The 16th _ _ _ _ _ _

One day before the 20th _ _

The day before the first Friday $_$ $_$

The last weekday of the second week $_$ $_$ $_$ $_$

The day after the 20th $_\,_$

The day after 18th _ _

The first day of the second weekend $_$

The last Sunday $_$ $_$ $_$

The last day of the month _ _ _ _ _ _



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LISTINGS BELOW ARE COURTESY ANNOUNCEMENTS - NOT NECESSARILY FBC ENDORSED

Food Shelf Remember our Park Rapids Food Shelf!

308 Pleasant Ave. S, Park

Rapids. Food and monetary donations are welcomed, now more than ever.

LIVING AT HOME



Caregiving support group - 1st Wednesday of each month from 1:30 - 3:00 PM at Riverside Church.

An Afternoon Out is for those experiencing memory loss and their caretakers. Thursdays, 1-2:30 PM at Riverside United Methodist Church.

SOLOS - 1st Monday of month 10:30-Noon at Northwoods Bank.

MARCH FOR LIFE

Saturday, January 18th
Meet at 10:45 at the Courthouse
parking lot.
Walk at 11 AM for 30-40 minutes.

depending on the weather.

Bring a sign if you want.

Learn about the stand to

protect Life!

After the walk, join us for a rally and free lunch served by the Knights of Columbus at St. Peter's.

- " If you are unable to make the walk, come to the rally and lunch!
- "Hear from legislators and speakers about the importance of building a prolife community



Always looking for Mentors to work with our kids on a one to one basis. Call 732-0058.

Thank you to everyone who has been supporting us this past year. The kids have benefitted from your gifts and support.





Menahga High School January 18th, 8 - 10 AM \$25 cash donation Open to everyone.

The Caregiver Closet is located in Unit B of the new Climate Storage PR Furniture Center -1104 Park Ave S. Park Rapids. Tues./Wed. 1-3pm / Thurs. 10-noon

Beyer, Danielle Red River Youth for Christ Special Projects Coordinator.



- Pray for God to supply a new female ministry staff member.
- Pray for two teen moms due in January and March, for safe and healthy deliveries.
- Pray for us to find daycare for Lucy after ours fell through.
- Pray that Cody will find a new job.

Borstad, Mike and Sherry

Argentina with Cardón Ministries Leadership development in NW Argentina, especially rural church seminars, mentoring long distance and on-site.



- Praise for a year of returning to normal on-site teaching activity in 4 sites as well as weekly teaching via computer to Latin American pastors.
- Praise God for six on-site classes in 2025 in five countries.
- Please pray for preparation for a hefty course in the Prophets which Mike is still preparing for use in 5 of the classes mentioned above.
- Pray for the Hispanic church
 Batesville, MS, where we help with
 music, and sharing the preaching
 and teaching ministry with others.

, David and Rita

Southeast Asia with Wycliffe Management of Bible translation programs.

- Pray for God to bless all the efforts being made worldwide to bring His word to people who don't yet have it.
- Pray for the girls as they return to college and Anna and Evan as they continue their seminary studies.
- Pray for David and Rita to be faithful in their service to God in Bible translation, in their family, community and church.

Camp Lebanon - Greg Standafer

Camp Director
Ministering to churches through Camp ministry.



- Praise that Gym is 99% finished.
- Pray for the 625 women that will and have attended the Quilt sessions.
- Pray for a smooth transition for the Executive Director and the Women's Director. Still searching for Director of Operations.
- Praise for those who are financially giving to the Camp ministry, especially at the year-end.

Page 17 and teaching ministry with others. Page 18