



Discussion Guide | May 20, 2018

Read together Psalm 22

All of us experience storms in our lives. Relational difficulties, financial stress, the loss of a loved one, or even an intense battle of sin can weaken our faith and threaten to undo us. In Psalm 22, David gives us an example of how to fight unbelief and to glorify God when we are called to endure these difficult seasons of life.

When Storms Come

1. What was the most significant take-away from this sermon?
2. Do you think that it is significant that the Psalms were meant to be sung rather than just read or studied? Why or why not?
3. David was hurting and brought his hurts to the Lord as he penned the words of Psalm 22. In your life, do you typically run toward God with your pain or do you typically drift away from God during these times?
4. Part of David's strategy to encourage his own faith during his trial was to review how God had been good and faithful in the past (vs.4-5). Can you share with the group some of the big events in your life that God proved His faithfulness to you? Does recalling these events help you to trust in God's goodness to you today?
5. We are called not only to accept God's plan for us (which includes suffering) but rejoice in it (see Rom. 5:3). When you have gone through trials in your life and felt discouraged in your faith...what things have you done that can help you regain spiritual momentum?

Sharing/Caring Questions

1. What has God been showing you this past week through His word, through life situations at home, work, church, or through other means?
2. Are there any things in your life or family we can celebrate together - spiritual or otherwise?
3. Are there any struggles or hardships in your life or family that we can pray for - spiritual or otherwise?
4. Are there any other prayer requests or specific areas the group can pray for?